

Step Therapy Reference Table

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“*” Indicates generic equivalent on Formulary; brand name listed for reference only.

“PA” indicates the step 1 or step 2 drug has a prior authorization requirement.

“QVT” indicates the step 1 or step 2 drug has a quantity limit requirement.

“STEP” indicates the step 1 drug also has a step therapy requirement.

All drugs in italics (e.g. *ACEON*) are included only in employer group formularies (Alliance and Alliance Plus formularies) and are nonformulary for the Select and Optimal formularies.

STEP 2 DRUG NAME	STEP 1 DRUGS	
	GENERIC NAME	BRAND NAME
ACCOLATE QVT	albuterol	PROVENTIL* QVT, VENTOLIN* QVT, ALBUTEROL ER
Before using ACCOLATE, you must try any step 1 drug:	albuterol-ipratropium	COMBIVENT QVT
	arformoterol	BROVANA PA, QVT
	beclomethasone	QVAR QVT
	budesonide	PULMICORT flexhaler QVT
	budesonide suspension	PULMICORT respules QVT, PA
	budesonide-formoterol	SYMBICORT QVT
	cromolyn	INTAL inhaler QVT, INTAL* nebulization solution QVT
	flunisolide	AEROBID QVT, AEROBID-M QVT
	fluticasone	FLOVENT HFA QVT
	fluticasone/salmeterol	ADVAIR DISKUS QVT, ADVAIR HFA QVT
	formoterol	FORADIL QVT
	levalbuterol inhaler	XOPENEX HFA QVT
	mometasone	ASMANEX QVT
	montelukast	SINGULAIR QVT
	nedocromil	TILADE QVT
	salmeterol	SEREVENT QVT
triamcinolone acetonide	AZMACORT QVT	
ACEON QVT	See COZAAR for alternatives	

STEP 2 DRUG NAME	STEP 1 DRUGS	
	GENERIC NAME	BRAND NAME
ADVICOR QVT Before using <i>ADVICOR</i> , you must try any step 1 drug:	atorvastatin	LIPITOR QVT
	rosuvastatin	CRESTOR QVT
	simvastatin	ZOCOR* QVT
	<i>simvastatin-ezetimibe</i>	VYTORIN QVT, STEP
ALLEGRA-D QVT Before using <i>ALLEGRA-D</i> , you must try any step 1 drug:	<i>cetirizine-pseudoephedrine</i>	ZYRTEC-D QVT, STEP
	<i>desloratadine-pseudoephedrine</i>	CLARINEX-D QVT, STEP
	fexofenadine	ALLEGRA*
ALTOPREV QVT Before using <i>ALTOPREV</i> , you must try any step 1 drug:	<i>fluvastatin</i>	LESCOL QVT, STEP, LESCOL XL QVT, STEP
	lovastatin	MEVACOR*
	pravastatin	PRAVACHOL*
	simvastatin	ZOCOR* QVT
AMITIZA QVT Before using <i>AMITIZA</i> , you must try any step 1 drug:	polyethylene glycol oral powder	GLYCOLAX
ATACAND QVT ATACAND HCT QVT Before using <i>ATACAND</i> or <i>ATACAND HCT</i> , you must try any step 1 drug:	aliskiren	TEKURNA QVT, STEP
	amlodipine-valsartan	EXFORGE QVT, STEP
	amlodipine-olmesartan	AZOR QVT, STEP
	losartan	COZAAR QVT, STEP
	losartan-hctz	HYZAAR QVT, STEP
	olmesartan	BENICAR QVT, STEP
	olmesartan-hctz	BENICAR HCT QVT, STEP
	valsartan	DIOVAN QVT, STEP
	valsartan-hctz	DIOVAN HCT QVT, STEP
AVAPRO QVT AVALIDE QVT	See <i>ATACAND</i> and <i>ATACAND HCT</i> for alternatives	
AVANDAMET QVT Before using <i>AVANDAMET</i> , you must try any step 1 drug:	pioglitazone- metformin	ACTOS QVT AND GLUCOPHAGE* OR ACTOPLUS MET QVT
	pioglitazone-glimepiride AND metformin	DUETACT QVT AND GLUCOPHAGE*
	rosiglitazone AND metformin	AVANDIA QVT, STEP AND GLUCOPHAGE*
	rosiglitazone-glimepiride AND metformin	AVANDARYL QVT, STEP AND GLUCOPHAGE*
AVANDARYL QVT Before using <i>AVANDARYL</i> , you must try any step 1 drug:	pioglitazone-glimepiride	ACTOS QVT AND AMARYL* OR DUETACT QVT
	pioglitazone-metformin AND glimepiride	ACTOPLUS MET QVT AND AMARYL*
	rosiglitazone	AVANDIA QVT, STEP
	rosiglitazone-metformin	AVANDAMET QVT, STEP

STEP 2 DRUG NAME	STEP 1 DRUGS		
	GENERIC NAME	BRAND NAME	
AVANDIA QVT Before using AVANDIA, you must try any step 1 drug:	pioglitazone	ACTOS QVT	
	pioglitazone-metformin	ACTOPLUS MET QVT	
	pioglitazone-glimepiride	DUETACT QVT	
	rosiglitazone-glimepiride	AVANDARYL QVT, STEP	
	rosiglitazone-metformin	AVANDAMET QVT, STEP	
AZOR QVT	See ATACAND and ATACAND HCT for alternatives		
BENICAR QVT BENICAR HCT QVT	See ATACAND and ATACAND HCT for alternatives		
BETASERON PA, QVT Before using BETASERON, you must try any step 1 drug:	interferon beta-1a	AVONEX PA, QVT REBIF PA, QVT, STEP	
	glatiramer acetate	COPAXONE PA, QVT	
BYETTA QVT Before using BYETTA, you must try a sulfonylurea OR a thiazolidinedione AND metformin OR a sulfonylurea/metformin OR thiazolidinedione/metformin combination product:	COMBINATION PRODUCTS		
	glipizide-metformin	METAGLIP*	
	glyburide-metformin	GLUCOVANCE*	
	pioglitazone metformin	ACTOPLUS MET QVT	
	rosiglitazone-metformin	AVANDAMET QVT, STEP	
	SULFONYLUREA		
	glimepiride	AMARYL*	
	glipizide	GLUCOTROL*, GLUCOTROL XL*	
	glyburide	DIABETA*, GLYCRON, MICRONASE*	
	glyburide micronized	GLYNASE*	
	THIAZOLIDINEDIONE		
	pioglitazone	ACTOS QVT	
	pioglitazone-glimepiride	DUETACT QVT	
	rosiglitazone	AVANDIA QVT, STEP	
	rosiglitazone -glimepiride	AVANDARYL QVT,STEP	
	METFORMIN		
	metformin	GLUCOPHAGE*, GLUCOPHAGE XR*, RIOMET	
	CARDIZEM LA QVT Before using CARDIZEM LA, you must try any step 1 drug:	diltiazem sr	CARDIZEM SR*
			DILACOR XR*
			TIAZAC*
CARDIZEM CD*			

<p>CELEBREX QVT 100MG OR 200MG</p> <p>Before using CELEBREX 100MG OR 200MG, you must try any step 1 drug:</p> <p>(The Select formulary requires any TWO step 1 drugs)</p>	diclofenac	CATAFLAM*, VOLTAREN*
	diflunisal	DOLOBID*
	etodolac	LODINE*
	fenoprofen calcium	NALFON*
	flurbiprofen	ANSAID*
	ibuprofen	MOTRIN*
	indomethacin	INDOCIN* QVT , INDOCIN SR* QVT
	ketoprofen	ORUDIS*
	ketorolac	TORADOL* QVT
	meclofenamate	MECLOMEN*
	meloxicam	MOBIC*
	nabumetone	RELAFEN*
	naproxen sodium 24hr 375 mg	NAPRELAN 375MG
	naproxen	NAPROSYN*, ANAPROX*
	oxaprozin	DAYPRO*
	piroxicam	FELDENE* PA
sulindac	CLINORIL*	
tolmetin	TOLECTIN*	
<p>CLARINEX QVT</p> <p>Before using CLARINEX, you must try any step 1 drug:</p>	cetirizine	ZYRTEC QVT
	<i>cetirizine-pseudoephedrine</i>	ZYRTEC-D QVT, STEP
	<i>desloratadine-pseudoephedrine</i>	CLARINEX-D QVT, STEP
	fexofenadine	ALLEGRA* QVT
	<i>fexofenadine-pseudoephedrine</i>	ALLEGRA-D QVT, STEP
<p>CLARINEX-D QVT</p> <p>Before using CLARINEX-D, you must try any step 1 drug:</p>	<i>cetirizine-pseudoephedrine</i>	ZYRTEC-D QVT, STEP
	<i>fexofenadine-pseudoephedrine</i>	ALLEGRA-D QVT, STEP

COZAAR QVT Before using COZAAR, you must try any step 1 drug:	amlodipine-benazepril	LOTREL QVT
	amlodipine-valsartan	EXFORGE QVT, STEP
	aliskiren	TEKTURNA QVT, STEP
	benazepril	LOTENSIN*
	benazepril-hctz	LOTENSIN HCT*
	captopril	CAPOTEN*
	captopril-hctz	CAPOZIDE*
	enalapril	VASOTEC*
	enalapril -hctz	VASERETIC*
	fosinopril	MONOPRIL*
	fosinopril-hctz	MONOPRIL HCT*
	lisinopril	PRINIVIL*, ZESTRIL*
	lisinopril-hctz	PRINZIDE*, ZESTORETIC*
	losartan-hctz	HYZAAR QVT, STEP
	moexipril	UNIVASC* QVT
	moexipril-hctz	UNIRETIC* QVT
	<i>perindopril</i>	ACEON QVT, STEP
	quinapril	ACCUPRIL*
	quinapril-hctz	ACCURETIC*
	ramipril	ALTACE
<i>trandolapril-verapamil</i>	TARKA QVT, STEP	
valsartan	DIOVAN QVT, STEP	
valsartan-hctz	DIOVAN HCT QVT, STEP	
CYMBALTA QVT Before using CYMBALTA, you must try any step 1 drug:	citalopram	CELEXA*
	fluoxetine	PROZAC*
	gabapentin	NEURONTIN*
	paroxetine	PAXIL*
	sertraline	ZOLOFT* QVT
DIOVAN QVT DIOVAN HCT QVT	See COZAAR for alternatives	
EFFEXOR XR QVT Before using EFFEXOR XR, you must try any step 1 drug:	citalopram	CELEXA*
	fluoxetine	PROZAC*
	paroxetine	PAXIL*
	sertraline	ZOLOFT* QVT
	venlafaxine	EFFEXOR*
ENTOCORT EC Before using ENTOCORT EC, you must try any ORAL form of any step 1 drug:	cortisone	CORTONE*
	dexamethasone	DECADRON*
	hydrocortisone	CORTEF
	methylprednisolone	MEDROL*
	prednisolone	PREDNISOLONE
prednisone	DELTASONE*	
EXFORGE QVT	See COZAAR for alternatives	

FORTAMET	glipizide-metformin	METAGLIP*
Before using FORTAMET , you must try any step 1 drug:	glyburide-metformin	GLUCOVANCE*
	metformin	GLUCOPHAGE*, GLUCOPHAGE XR*, RIOMET
	pioglitazone-metformin	ACTOPLUS MET QVT
	rosiglitazone-metformin	AVANDAMET QVT, STEP
	sitagliptin-metformin	JANUMET QVT
HECTOROL	calcitriol	ROCALTROL*
Before using HECTOROL , you must try any step 1 drug:	paricalcitol	ZEMPLAR STEP
HYZAAR QVT	See COZAAR for alternatives	
LESCOL QVT	lovastatin, <i>lovastatin sr</i>	ALTOPREV QVT, STEP , MEVACOR*
LESCOL XL QVT	pravastatin	PRAVACHOL*
Before using LESCOL or LESCOL XL , you must try any step 1 drug:	simvastatin	ZOCOR* QVT
LETAIRIS QVT	bosentan	TRACLEER STEP
Before using LETAIRIS , you must try BOTH:	sildenafil	REVATIO PA, QVT
MICARDIS QVT	See ATACAND and ATACAND HCT for alternatives	
MICARDIS HCT QVT		
NEULASTA QVT	filgrastim	NEUPOGEN QVT
Before using NEULASTA , you must try:		
ORAP	haloperidol, haloperidol decanoate, haloperidol lactate	HALDOL*
Before using ORAP , you must try any step 1 drug:		

RANEXA Before using RANEXA, you must try any one combination of drugs: beta-blocker and amlodipine, OR beta-blocker and a nitrate OR amlodipine and a nitrate	AMLODIPINE	
	amlodipine	NORVASC* QVT
	amlodipine-benazepril	LOTREL QVT
	NITRATE	
	isosorbide dinitrate	ISORDIL*, DILITRATE-SR*
	isosorbide mononitrate	ISMO*, MONOKET*
	nitroglycerin	NITRO-TIME, NITROSTAT, NITRO-DUR*, NITRO-BID, NITREK, NITROLINGUAL
	BETA-BLOCKER	
	acebutolol	SECTRAL*
	atenolol	TENORMIN*
	bisoprolol	ZEBETA*
	carvedilol	COREG QVT
	labetalol	NORMODYNE*, TRANDATE*
metoprolol	LOPRESSOR*, TOPROL XL QVT	
nadolol	CORGARD*	
pindolol	VISKEN*	
propranolol	INDERAL*, INDERAL LA QVT , INNOPRAN XL QVT	
sotalol	SORINE, BETAPACE*, BETAPACE AF*	
timolol	BLOCADREN*	
REBIF PA, QVT Before using REBIF, you must try any step 1 drug:	interferon beta-1a	AVONEX PA, QVT
	glatiramer acetate	COPAXONE PA, QVT
SKELAXIN QVT Before using <i>SKELAXIN</i> , you must try any step 1 drug:	baclofen	LIORESAL*
	carisoprodol 350 mg	SOMA* QVT
	chlorzoxazone	PARAFON FORTE* QVT
	cyclobenzaprine	FLEXERIL* QVT
	methocarbamol	ROBAXIN* QVT
	orphenadrine citrate	NORFLEX* QVT
	tizanidine	ZANAFLEX*
SOLARAZE GEL Before using SOLARAZE GEL, you must try any step 1 drug:	fluorouracil	FLUOROPLEX* cream, solution
	fluorouracil	FLUOROURACIL solution
	fluorouracil	CARAC cream
	fluorouracil	EFUDEX* cream, solution

SYMLIN QVT Before using SYMLIN, you must try any step 1 insulin (therapy must be concurrent):	insulin aspart	NOVOLOG
	insulin aspart prot & aspart (human)	NOVOLOG MIX 70/30
	insulin detemir	LEVEMIR
	insulin glargine	LANTUS
	insulin glulisine	APIDRA
	insulin isophane & regular (human)	HUMULIN 50/50; HUMULIN 70/30, NOVOLIN 70/30, RELION 70/30
	insulin isophane (human)	HUMULIN N, NOVOLIN N, RELION N
	insulin lispro (human)	HUMALOG
	insulin lispro prot & lispro (human)	HUMALOG MIX 50/50; HUMALOG MIX 75/25
insulin regular (human)	HUMULIN R, NOVOLIN R, RELION R	
TASIGNA Before using TASIGNA, you must try any step 1 drug:	imatinib mesylate	GLEEVEC QVT, PA
TARKA QVT	See COZAAR for alternatives	
TEKTURNA QVT	See COZAAR for alternatives	
TEVETEN QVT	See ATACAND and ATACAND HCT for alternatives	
TEVETEN HCT QVT		
TRACLEER Before using TRACLEER, you must try:	sildenafil	REVATIO PA, QVT
TRILEPTAL (Oxcarbazepine) Before using TRILEPTAL (Oxcarbazepine), you must try any step 1 drug:	carbamazepine	TEGRETOL*, TEGRETOL suspension
TRUSOPT QVT Before using TRUSOPT, you must try:	brinzolamide ophth	AZOPT QVT
UROXATRAL Before using UROXATRAL, you must try:	tamsulosin	FLOMAX
VYTORIN QVT Before using VYTORIN, you must try CRESTOR AND LIPITOR AND another cholesterol lowering agent:	atorvastatin	LIPITOR QVT
	rosuvastatin	CRESTOR QVT
	CHOLESTEROL LOWERING AGENTS	
	lovastatin	MEVACOR*
	<i>niacin-lovastatin sr</i>	ADVICOR QVT, STEP
	pravastatin	PRAVACHOL*
simvastatin	ZOCOR* QVT	

ZEMPLAR	calcitriol	ROCALTROL*
Before using ZEMPLAR, you must try any step 1 drug:	doxercalciferol	HECTOROL STEP
ZYRTEC-D QVT	<i>desloratadine-pseudoephedrine</i>	CLARINEX-D QVT, STEP
Before using ZYRTEC-D, you must try any step 1 drug:	<i>fexofenadine- pseudoephedrine</i>	ALLEGRA-D QVT, STEP